Friendship Heights Village Center



Calendar of Events 2019

G U **MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY SUNDAY** It's fun to get into this "jam!" 8:15 a.m.: Walking Club 11 a.m.: Still Life and 9:15 a.m.: Drop-In Tai Chi 8:15 a.m.: Walking Club 9 a.m.-1 p.m.: Twin 10:30 a.m.: Coffee and Join our monthly Mountain Music Jam on Monday, Aug. 26, from 6:30 to 8:30 Beyond Current Events Springs Farm Market 4–5:30 p.m.: Spanish 1:00 p.m.: Abstract Painting 10:30 a.m.: Basic p.m., at the Village Center. Conversation
7 p.m.: Movie: The Photography If you know basic chords in different keys, you might want to just jump Public right into this bluegrass jam! Guitars, banjos, mandolins, violins, dobros and harmonicas—they're all welcome. Or just come to listen and enjoy as the musicians gather to make great sounds together. Whether you're picking with the musicians or just listening, it promises to be a fun evening. For details, call the Village Center at 301-656-2797. The event is free. 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi Ongoing 9:15 a.m.: Drop-In Tai Chi 8:15 a.m.: Walking Club 9:10 a.m.: Yoga 9:30 a.m.: Tai Chi Intro. 8:15 a.m.: Walking Club 9:30 a.m.-1 p.m.: Coffee 10 a.m.: Great Books 10 a.m.-12 p.m.: Village 10:15 a.m.-1 p.m.: Mobile 11 a.m.: Still Life and 10:30 a.m.: Coffee and 9 a.m.-1 p.m.: Twin **Springs Farm Market** 10:30 a.m.: Basic Playtime 12–4 p.m.: Blood Pressure Current Events and Sunday Papers 12:30 p.m.: Bridge Club Commuter Store Beyond 10:15 a.m.: Yiddish 12 p.m.: Chess 1 p.m.: Abstract Painting 1 p.m.: Beyond 4-5:30 p.m.: Spanish Screening 2–4 p.m.: Nurse Specialist 3–4 p.m.: Speech Therapy Hoarding Video Conversation
7 p.m.: Movie: Hotel Photography 1 p.m.: All in the Eyes Presentation 1 p.m.: Suburban Mumbai 3–4 p.m.: Tea Lecture: Sharpening 7 p.m.: Mat Pilates your social skills 5:30 p.m.: Community **Advisory Committee** Meeting 7 p.m.: Concert: IONA 8:15 a.m.: Walking Club 10:30 a.m.: Chair Yoga and 9:30 a.m.: Tai Chi Ongoing 10:15 a.m.–1 p.m.: County Mobile Commuter 9:10 a.m.: Yoga 9:30 a.m.-1 p.m.: Coffee 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi Intro. 9:15 a.m.: Drop-In Tai Chi 8:15 a.m.: Walking Club 10 a.m.–12 p.m.: Village 10 a.m.: Great Books 10:30 a.m.: Coffee and 9 a.m.-1 p.m.: Twin Playtime 12–4 p.m.: Blood Pressure and Sunday Papers Meditation Current Events **Springs Farm Market** 12:30 p.m.: Bridge Club 11:30 a.m.-1 p.m.: Art Store 4-5:30 p.m.: Spanish 1 p.m.: Abstract Painting Screening 2–4 p.m.: Nurse Specialist Reception 10:15 a.m.: Yiddish Conversation 12 p.m.: Chess 1 p.m.: All in the Eyes 7 p.m.: Movie: The Lego 3–4 p.m.: Tea Movie 7 p.m.: Mat Pilates 7 p.m.: Concert: Susan Jones Jazz Quartet 18 9:30 a.m.: Tai Chi Ongoing 9:10 a.m.: Yoga 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi Intro. 8:15 a.m.: Walking Club 9:15 a.m.: Drop-In Tai Chi 8:15 a.m.: Walking Club 10:15 a.m.-1 p.m.: County 9:30 a.m.–1 p.m.: Coffee 10 a.m.: Village 10:30 a.m.: Chair Yoga and 10 a.m.: Great Books 10:30 a.m.: Coffee and 9 a.m.-1 p.m.: Twin and Sunday Papers 10 a.m.-2 p.m.: MVA Playtime: Music with Mobile Commuter Meditation Current Events **Springs Farm Market** Mobile Office 4–5:30 p.m.: Spanish Marsha Goodman-1 p.m.: Abstract Painting **Wood** 11 a.m.: Village Book Club 10:15 a.m.: Yiddish 12 p.m.: Chess 1 p.m.: All in the Eyes Conversation 7 p.m.: Movie: Gloria 12–4 p.m.: Blood Pressure Screening 2–4 p.m.: Nurse Specialist 3–4 p.m.: Tea 3 p.m.: Kyi May Kaung Book Signing 7 p.m.: Concert: Karen **Lovejoy Trio** 8:15 a.m.: Walking Club

10 a.m.: Village 9:30 a.m.: Tai Chi Intro. 8:15 a.m.: Walking Club 9:15 a.m.: Drop-In Tai Chi 9:10 a.m.: Yoga 8 a.m.: Depart for 8:15 a.m.: Walking Club 9:30 a.m.-1 p.m.: Coffee 10:30 a.m.: Chair Yoga and 10 a.m.: Great Books Rehoboth Beach 10:30 a.m.: Coffee and 9 a.m.-1 p.m.: Twin 9:30 a.m.: Tai Chi Ongoing Playtime: Music with and Sunday Papers Meditation 6:30-8:30 p.m.: Monday Current Events **Springs Farm Market** Mountain Music Jam Marsha Goodman-10:15 a.m.-1 p.m.: County 4-5:30 p.m.: Spanish Mobile Commuter Wood Conversation 11 a.m.: Village Book Club 7 p.m.: Movie: Isn't It 12–4 p.m.: Blood Pressure 10:15 a.m.: Yiddish Screening 12 p.m.: Chess 2–4 p.m.: Nurse Specialist 3–4 p.m.: Tea 1 p.m.: All in the Eves 7 p.m.: Concert: Timothy Roberts **Saxophone Quartet Shuttle bus hours**



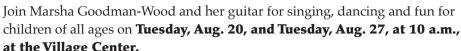
Monday through Friday Saturday and Sunday

6:40 a.m. to 9:40 p.m. 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m. 9 a.m. to 5 p.m. Friday Saturday and Sunday 9 a.m. to 2 p.m.

Marsha's music gets toddlers' toes tapping on Tuesday mornings



at the Village Center.

Goodman-Wood, a singer and songwriter, performs her own original songs for kids and well-known favorites guaranteed to get you singing and dancing.

Toddlers and their friends and siblings are welcome, but must be accompanied by a parent or caregiver. All ages are invited! Call the Village Center at 301-656-2797 for details.

